



ADELINE KHOURI

MOTIVATIONAL SPEAKER

About me:

I'm Adeline Khouri, a 32-year-old Franco-Lebanese woman dedicated to sharing the profound beauty of Saint John Paul II's Theology of the Body. I've loved expressing myself from a young age, and those around me often describe me as a charismatic communicator.

My journey began as a life coach and leadership trainer, where I had the privilege of inspiring others toward personal growth and purpose through international conferences and TV interviews. Toastmasters International has honed my public speaking skills and boosted my confidence in content creation. As my calling became clearer, God led me to media opportunities—TV, podcasts, and social media—where I found my voice as a young female influencer.

A turning point came while I was pursuing a certification program in the Theology of the Body, which completely transformed how I saw myself and my purpose. It ignited a fire in me to share this message with others, especially in a world living through the consequences of the sexual revolution. My vision is to be a voice of truth in today's media landscape and to promote a pro-life message, offering hope and clarity on topics of sexuality, identity, and human dignity by conveying God's beautiful design for our desires, our sexuality as men and women, and the sacredness of sexual union within marriage.

In a time of increasing confusion about gender and identity, I believe these teachings are more vital than ever. There's no better way to reach the new generation than through the media platforms where they spend much of their time. Speaking in English, French, and Arabic, I am committed to reaching diverse audiences, bridging cultures between the East and the West, and fostering a deeper understanding of our shared human vocation.

CONTACT

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Jounieh, **LEBANON**



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Showcase of work:

Virtuous Leadership

Event Hosting: Organized and facilitated various events to promote Virtuous Leadership principles:

- [Future University Power Leadership Event](#)
- [Leadership in the Student Community](#)
- [Leadership and Technology Training](#)
- [Business and Virtuous Leadership](#)
- [Leadership and Management at University](#)

TV Interview: Featured in a TV interview discussing leadership insights in Arabic. [Watch here.](#)

Articles:

- [George Frem](#)
- [Charles Malik](#)

• Keynote Speaker at Global Youth Conferences:

- **Univ Congress:** *The Power of Solidarity and Coexistence in Rebuilding Together.* [Watch here.](#)
- **World Youth Alliance:**
 - *2022 Emerging Leaders Conference on Mental Health and Virtuous Leadership.* [Watch here.](#)
 - *Haki Qahwa Event with WYA MENA.* [Watch here.](#)
 - *Talk on Magnanimity with WYA Europe.* [Watch here](#) & here [Additional link.](#)

LEAD Program

- **Training Sessions:** Empowered youth through leadership training. [See more.](#)
- **Promotional Video:** Highlighting the program's impact. [Watch here.](#)

Toastmasters International

- **Event Facilitation:** Presented and facilitated events online.
 - [Link 1](#)
 - [Link 2](#)
- **Speech Contests:** Participated and excelled in multiple speech contests.
 - [Contest 1](#)
 - [Contest 2](#)
 - [Contest 4](#)
 - [Contest 5](#)
- **Promotional Videos:** Created to recruit new members. [Watch here](#) & [Watch here](#)
- **Completed Presentation Mastery Course:** Refined speechwriting and public speaking skills.

Vatican News

- **Beirut Blast Video:** Created a video with a friend one month after the Beirut Blast and sent it to Vatican News. [Watch here.](#)

MTV Lebanon

- **TV Interview:** Gave a testimony in Arabic about the life of Saint Veronica Giuliani. Watch [here.](#)

Theology of the Body – (TOB)

- **Trainings:** Conducted various training sessions on Theology of the Body. [See more.](#)
- **English TV Interviews on Noursat TV:**
 - [Interview 1](#)
 - [Interview 2](#)
 - [Interview 3](#)
- **Podcast:** Featured on *The Good Shepherd Staffing*. [Listen here.](#)
- **Conferences:** Provided a talk on the Song of Songs and Chastity to Lily Project. [Watch here](#)
- **Article:** Shared my testimony in an article written by Dr. Amal, ACI MENA in Arabic," with more articles planned on the TOB mission. [Read here.](#)

Upcoming Projects

- **Lebanon:** Assisting the TOB Lebanon team in launching a Lebanese Facebook, Instagram & YouTube page (@toblebanon) to promote Theology of the Body in Arabic for the first time.
- **Social Media:** I am designing the content of my Instagram and YouTube page, "The Bridegroom's Embrace," with plans to expand into a website. The goal is to inspire young people to romanticize their lives with Jesus, allowing the love of the Bridegroom to heal and restore them. I will share insights and tips, drawing on my experience living in the land of the Song of Songs, where God uses Lebanon's nature to describe His love for His Church. My platform will also seek to untwist the lies about the body, sex, and marriage by sharing the good news of the Theology of the Body.
- **Podcast Series:** I am planning a series of talks with Andrew from *The Good Shepherd Staffing*, focusing on topics related to Theology of the Body for young adults.
- **Interviews:** I have upcoming interviews scheduled with Noursat TV, Hope's Garden, and Theology of the Body Educators to further explore and share insights on these themes.

Conclusion

Inspired by EWTN's mission to empower the next generation of voices in the Church, I am eager to expand my skills in video production to bring my vision to life—from concept to creation. I am excited to put my multicultural background, bridging the East and the West, into action, with the hope that my work in media will foster greater unity in the Church. The EWTN Summer Academy offers the perfect blend of mentorship, hands-on learning, and the opportunity to collaborate with a dynamic team passionate about spreading the Gospel. This experience would not only refine my craft but also open doors for future partnerships with EWTN, allowing me to amplify the message of the Theology of the Body and the Pro-life movement in new and impactful ways. I am ready to grow, connect, and contribute to something greater.