



Services offered by Cedar of Lebanon FertilityCare Center

Fertility Appreciation Presentations	For girls 11- 13 years old to help prepare them to understand more about puberty, sexuality and fertility appreciation. This can be done for youth groups, students assembly at school, home gatherings for girls or within events like Mother Daughter Tea.
The Wonder of Eve	For girls 14-17 years old; a fresh and engaging presentation, helping young women understand how naturally amazing their bodies are and the impact their choices can have on their future health and fertility.
The Truth Within: Appreciating the Gift of Your Fertility	A powerful presentation to help women (18 and older) appreciate and advocate for their own gynecologic health. It can be also used with engaged or married couples to introduce them to Creighton Model FertilityCare System and NaProTechnology.
Introductory Session	It can be offered in private sessions or group; it is the first step to be introduced to a unique system of fertility regulation that can be used for women's health and family planning purposes.
Strengthening Marriages & Empowering Women	Through the knowledge of FertilityCare and SPICE (Spiritual, Physical, Intellectual, Communicative and Emotional), this helpful tool to live out our multidimensional sexuality fully as God intended it to be.
For Stronger and Holier Marriages - Sexuality & Natural Family Planning	To help couples develop an appreciation for natural methods to plan their families, to receive basic information about the Creighton Model FertilityCare System while touching on the theology behind it and explaining sexuality.